

## Home Care

### MORNING

**STEP 1:** Use **Cleanser**.

**STEP 2 (Optional):** Spritz **Moisturizing Mist** across face and neck. If skin is feeling tight or dry, skip step 1 Cleanser and use Moisturizing Mist on a cotton round to refresh skin.

**STEP 3:** Apply **Recovery** or if skin is feeling tight/dry, use **Booster**.

**STEP 4:** Apply **Eye Serum** around eyes and over the lips.

**STEP 5:** Apply **Intensive Moisturizer** or **Light Moisturizer**, depending on skin type.

**STEP 6:** Finish with mineral sunscreen.

*\*To calm skin during a hot flash, spritz **Moisturizing Mist** across the face as needed throughout the day.*

### EVENING

**STEP 1:** Remove any eye and lip makeup with **Erase the Day** on a cotton round.

**STEP 2:** Double cleanse with **Cleanser** to thoroughly cleanse the skin (*or only once if not wearing sunscreen and or makeup*). Remove with a clean face towel using sweeping motions.

**STEP 3 (Optional):** A few times per week, exfoliate with a nourishing mask:

IF DRY / LACKLUSTER COMPLEXION	IF OILY / SUN DAMAGED
Apply <b>Fresh Face Mask</b>	Apply <b>Enzyme Crème Mask</b>

*\*Leave on for 3-8 minutes, depending on skin tolerance*

**STEP 4 (Optional):** Spritz **Moisturizing Mist** across face and neck.

**STEP 5:** Apply **Recovery** on damp skin or if skin is feeling tight/dry, apply **Booster** or **Skin Serum** instead.

**STEP 6:** Apply **Eye Serum** around eyes and over the lips.

**STEP 7:** If not using an exfoliating mask in step 2, consider **Mandelic Acid 8%** as an alternative you prefer a serum over a mask. Consider rotating in **Skin Restore Serum**.

*\*If using both Mandelic 8% and Skin Restore Serum, use these active products for a total of five times per week maximum, leaving at least two evenings using only Recovery, Booster or Skin Serum.*

**STEP 8:** Apply **Intensive Moisturizer** or **Light Moisturizer**.